



2012 South Sask Open

Moose Jaw Wrestling Tournament

- Date:** **Sunday, January 8th, 2012**
- Venue:** Vanier Collegiate, 324 Macdonald St W., Moose Jaw
- Age Groups:** Juvenile Athlete (17-18 years, born 1994 – 1995)
Cadet Athlete (15-16 years, born 1996 – 1997)
Bantam Athlete (born 1998 – 1999)
Pee Wee Athlete (born 2000 – 2001)
Novice Athlete (born 2002 – 2003)
Freshie Athlete (born 2004 or later)
- Start Time:** Freshie to Pee Wee 10:00am – 1:00pm
Bantam to Juvenile 1:00pm - Completion
- 5 Wrestling Mats:** 4 - 20' X 20' and 1 - 30" X 30'
- Entry Fee:** \$15.00 / Wrestler
(NOTE: must be a registered SAWA member to wrestle in this tournament.)
- Weigh-ins:** At home weigh-in as per SAWA Policy
- Email the weigh-in sheet to robvill@sasktel.net by Thursday, Jan 5th at 9:00 p.m.
- Weight Classes:** Pooled by gender, age group and weight
- Rules:** SAWA modified hip-toss rule*
- Awards:** Medals for 1st, 2nd, and 3rd in each category
- Canteen:** Full canteen at school during meet
- Contact:** Rob Villeneuve 306-631-1782 or robvill@sasktel.net

NOTE: If coming please notify me with your intentions and # of kids expected as soon as possible to help with planning a successful tournament.

6.23.1 SAWA Modified Hip-toss rule: AGM2004: 20

- The rule applies to the Freshie, Novice, Pee Wee and Bantam age groups.
- A standing "hip-toss" (head & arm throw) may be executed a maximum of 2 times in a match by each wrestler.
- Upon using the hip-toss,
 - The match is stopped, with no possibility of a pin,
 - Points (3) are awarded for the throw.
- The match is restarted in the standing position.

Should a wrestler use the hip toss a third time in a match, the official should warn the offending athlete. If the wrestler continues to use the hip toss after a warning, a caution may be given and points awarded to the other wrestler at the discretion of the official.