



12th Annual Wrestling Tournament

Saturday, January 21, 2012

Wrestling will start at 9:30am and continue until completion with a 20 – 30 min lunch break on each mat

Location

Swift Current Comprehensive High School
1100 11th Ave NE
Swift Current, SK

**Use the doors on the East side of the school but do not park in the fire lane (\$120 fine and aggressive monitoring by commissionaires)

Who

Freshie to Juvenile, male and female wrestlers registered with SAWA

Wrestlers will be put into pools and there will be an opportunity for exhibition matches

**I will email Friday if Cadet and Juvenile wrestlers do not have any scheduled matches.

Weigh Ins

Please use the accompanying weigh in spreadsheet and email the entries to Curtis Biem at biemer2@yahoo.com by **Thursday, January 19th, 2012**

Entry Fee

\$15 per athlete to a maximum of \$250 per team

Contact

Curtis Biem, biemer2@yahoo.com, (306) 773-3277

Concession

Concession will be available with a varied menu and Tim Horton's coffee

Rules: SAWA modified hip-toss rule*

6.23.1 SAWA Modified Hip-toss rule: AGM2004: 20

- The rule applies to the Freshie, Novice, Pee Wee and Bantam age groups.
- A standing "hip-toss" (head & arm throw) may be executed a maximum of 2 times in a match by each wrestler.
- Upon using the hip-toss,
 - The match is stopped, with no possibility of a pin,
 - Points (3) are awarded for the throw.
- The match is restarted in the standing position.

Should a wrestler use the hip toss a third time in a match, the official should warn the offending athlete. If the wrestler continues to use the hip toss after a warning, a caution may be given and points awarded to the other wrestler at the discretion of the official.