



Saskatchewan Amateur Wrestling Association

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2010 S.A.W.A. Junior & Senior Provincial Championships

Mount Royal Collegiate, 2220 Rusholme Rd., Saskatoon

Schedule of Events:

Saturday, March 13, 2010 – Weigh In and Medical

5:00 pm - 7:00 pm Registration at U of Saskatchewan Education Bldg
Satellite weigh in at SHSAA Provincials U of Regina
6:00 pm – 7:00 pm Medicals and Weigh In

Sunday, March 14, 2010

Tournament: Mount Royal Collegiate, 2220 Rusholme Rd., Saskatoon
NOON Wrestling – to completion

Clubs can contact the SAWA Office for weigh-in sheets.

Weight Classes

Junior Wrestlers born in 1990-1991

Wrestlers born in 1991 may compete with valid medical certificate)

Men: **46-50, 55, 60, 66, 74, 84, 96, 96-120 kg**
Women: **40-44, 48, 51, 55, 59, 63, 67, 72, 72-82 kg**

Senior Wrestlers born prior to 1989 or earlier

Wrestlers born in 1993 may compete with valid medical certificate

Men: **55, 60, 66, 74, 84, 96, 96-120 kg**
Women: **48, 51, 55, 59, 63, 67, 72, 72-82kg**

NOTE: Any athlete wishing to compete in more than one event must register and complete weigh-ins sheets for each event, but may complete medical and weigh-in at one time. There will be no weight allowance. Wrestlers must weigh-in wearing competition singlet, bare feet, and no jewelry.

Fees Registration fee is \$20 per athlete per event

SAWA membership fees are \$50. All competitors, coaches and clubs must be current members of SAWA in order to compete. SAWA membership forms are available off the website.

FOR MORE INFORMATION: Todd Hinds todd.hinds@usask.ca

NOTE:

A Juvenile may compete in a Senior competition if they will reach age 17 during the calendar year of the event. A medical certificate is required at the time of registration. Competitors under the age of 20 must provide proof of age. First year Juvenile wrestlers are allowed to participate in a Junior competition, provided that they reach the minimum age of 17 years in the year the event is held. They must present a medical certificate at the time of registration.