



**Saskatchewan Amateur Wrestling Association**

510 Cynthia Street

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**2009 S.A.W.A. Junior & Senior Provincial Championships**

**Location:** University of Regina, Gym 1, College of Kinesiology

**Schedule of Events:**

**Saturday, March 7, 2009**

7:30 pm - 8:30 pm Registration

8:00 pm – 9:00 pm Medicals Weigh-Ins Wrestling Room  
KHS Building Room 122 U of Regina

9:00 pm - 10:00 pm Officials Clinic

**Sunday, March 8, 2009**

9:00 am Wrestling – to completion

**Clubs can contact the SAWA Office for weigh-in sheets.**

**Weight Classes**

Junior Wrestlers born in 1989-1990

Wrestlers born in 1991 may compete with valid medical certificate)

Men: **46-50, 55, 60, 66, 74, 84, 96, 96-120 kg**

Women: **40-44, 48, 51, 55, 59, 63, 67, 72, 72-82 kg**

Senior Wrestlers born prior to 1988 or earlier

Wrestlers born in 1992 may compete with valid medical certificate

Men: **55, 60, 66, 74, 84, 96, 96-120 kg**

Women: **48, 51, 55, 59, 63, 67, 72, 72-82kg**

**NOTE:** Any athlete wishing to compete in more than one event must register and complete weigh-ins sheets for each event, but may complete medical and weigh-in at one time. There will be no weight allowance. Wrestlers must weigh-in wearing competition singlet, bare feet, and no jewelry.

**Fees**

Registration fee is \$15 per athlete per event.

SAWA membership fees are \$40. All competitors must be 2008-2009 members of SAWA in order to compete. SAWA membership forms are available off the website.

**FOR MORE INFORMATION:**

**Leo McGee – 306-585-4067 or** [leo.mcgee@uregina.ca](mailto:leo.mcgee@uregina.ca)

**NOTE:**

A Juvenile may compete in a Senior competition if they will reach age 17 during the calendar year of the event. A medical certificate is required at the time of registration.

Competitors under the age of 20 must provide proof of age.

First year Juvenile wrestlers are allowed to participate in a Junior competition, provided that they reach the minimum age of 17 years in the year the event is held. They must present a medical certificate at the time of registration.