



THE U of S HUSKIE WRESTLING TEAM PRESENTS THE

CHRISTMAS CRUNCH WRESTLING CAMP

A MUST FOR ALL ASPIRING CHAMPIONS

DATES: DEC. 28 - 30, 2005

LOCATION: WALTER MURRAY COLLEGIATE

**HEAD CLINICIAN – TODD HINDS – U of S HEAD WRESTLING COACH
CANADIAN NATIONAL WOMEN'S TEAM ASSISTANT COACH**

FEATURED CLINICIANS AND TRAINING PARTNERS WILL BE MEMBERS OF THE U of S MEN'S AND WOMEN'S WRESTLING TEAM. THERE WILL BE AN IDEAL CAMPER TO CLINICIAN RATIO TO PROVIDE A LOT OF INDIVIDUAL INSTRUCTION.

REGISTRATION – WEDNESDAY DEC. 28 – 9:30 A.M. – 10:00 A.M.

MORNING TECHNIQUE SESSIONS

THE FOCUS OF THESE SESSIONS IS TO TEACH BASIC, INTERMEDIATE AND ADVANCED SKILLS THAT WILL ENHANCE EVERY LEVEL OF WRESTLER IN ATTENDANCE.

SESSION TIMES – 10:00 A.M. – NOON

AFTERNOON SCRIMMAGE SESSIONS

THE FOCUS OF THESE SESSIONS IS TO HAVE ATHLETES SCRIMMAGE WITH A VARIETY OF PARTNERS. CAMPERS WILL BE INVOLVED IN HIGH INTENSITY WRESTLING THROUGH POSITION DRILLING, OFFENSE/DEFENSE DRILLS AND MATCHES.

SESSION TIMES – 1:30 P.M. – 3:45 P.M.

CAMP COST: \$50.00 – INCLUDES A CAMP T-SHIRT

FURTHER INFO: CONTACT SHANE BRADLEY AT 374-3656(H) OR 717-0159 (C)