



Saskatchewan Amateur Wrestling Association  
510 Cynthia Street, Saskatoon, Saskatchewan S7L 7K7  
Phone: (306) 975-0822 Fax: (306) 242-8007  
Email: sk.wrestling@shaw.ca

**SASKATCHEWAN WRESTLING  
COACHES SUPERWEEKEND AND PRE-SEASON WRESTLING CAMP  
NOVEMBER 13, 14, 15  
NUTANA COLLEGIATE – SASKATOON**

**EVENTS**

**1. NCCP Wrestling Competition Introduction (CI) Part A Clinic**

- NCCP Wrestling Competition Introduction Part A has replaced the NCCP Level 1 Technical and Theory and is required to coach at the Provincial Championships.
- This course is specifically designed for the sport of wrestling.
- On successful completion of this course, participants will be NCCP Wrestling Competition Introduction Part A Trained.
- Classroom sessions include: Ethics, Nutrition, Practice Development, Intro to Coaching
- On mat sessions follow the Level 1 NCCP Technical Course and will utilize the CanCoach CD ROM

**SCHEDULE**

- Session #1 – Friday Nov. 13 – 6:00 p.m. – 9:30 p.m.
- Session #2 – Saturday Nov. 14 – 9:00 a.m. – 6:00 p.m.

Cost: \$100.00, which includes all course materials (except the CanCoach CD)

The Aboriginal Coach and Officials Program will cover the clinic fee for aboriginal participants.





## 2. NCCP Wrestling Competition Introduction (CI) Part B

- NCCP Wrestling Competition Introduction Part B has replaced NCCP Level 2 Technical and Theory and is required to coach at the Provincial Championships.
- This course is specifically designed for the sport of wrestling.
- On successful completion of this course, participants will be NCCP Wrestling Competition Introduction Part B Trained.
- Classroom sessions include: Designing a basic sports program, effective coaching and developing mental skills
- On mat sessions follow the Level 2 NCCP Technical Course

### SCHEDULE

- Session #1 – Friday Nov. 13 – 6:00 p.m. – 9:30 p.m.
- Session #2 – Saturday Nov. 14 – 9:00 a.m. – 6:00 p.m.
- Session #4 – Sunday Nov 15 – 9:00 a.m. – 2 p.m.

Cost: \$100.00

The Aboriginal Coach and Officials Program will cover the clinic fee for aboriginal participants.

For further information or to register contact Sask. Wrestling at 975-0822 or Shane Bradley (Canada Games Coach - North) at 374-3656 or 717-0159





**SASKATCHEWAN WRESTLING**  
IN CONJUNCTION WITH THE SASKATOON WRESTLING CLUB

PRESENTS

## 2009 PRE-SEASON WRESTLING CAMP

NUTANA COLLEGIATE - SASKATOON

Camp is for High School or older Elementary School athletes. Sessions will be designed to meet the needs of athletes who are experienced in the sport of wrestling as well as those with little or no experience.

The camp is also for athletes aspiring to make the SASKATCHEWAN GAMES TEAM in their area (ages 13 - 16 in 2010).

No equipment necessary.

Cost - \$40.00 - includes lunch on Saturday

FRIDAY NOV. 13

Registration	6:00 – 6:20 p.m.
On-mat Session #1	6:30 – 8:30 p.m.

SATURDAY NOV. 14

On-mat Session #2	9 a.m. – 10:30 a.m.
Sport Science Session	10:45 a.m. - noon
Lunch (provided)	Noon – 1 p.m.
Sport Science Session	1:00 – 2:15 p.m.
On-mat Session #3	2:30 – 4:30 p.m.

For further information or to register contact Sask. Wrestling at 975-0822 or Shane Bradley (Canada Games Coach - North) at 374-3656 Or 717-0159



Saskatchewan Amateur Wrestling Association

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**SASKATCHEWAN WRESTLING AND THE U OF S HUSKIE  
WRESTLING TEAMS**

PRESENT

**"TAKE A SHOT" AT THE SPORT OF  
WRESTLING CAMP**

**NUTANA COLLEGIATE - SASKATOON**

Camp is for Elementary School athletes (6 - 13 yrs old) who want to try the sport of amateur wrestling. Sessions will be designed to meet the needs of athletes who are experienced in the sport of wrestling as well as those with little or no experience.

No equipment necessary.

Cost - \$10.00 - includes lunch on Saturday

**SATURDAY NOV. 14**

Registration	10:00 a.m. - 10:20 a.m.
On-mat Session #1	10:30 a.m. - noon
Lunch & games	Noon – 1 p.m.
On-mat Session #2	1:00 – 2:30 p.m.

Sessions will be run by University of Saskatchewan Huskie Wrestlers and U of S Education Students.

Athletes with Aboriginal decent will also be identified for future North American Indigenous Games Teams.

For further information or to register contact Sask. Wrestling at 975-0822 or Shane Bradley (Canada Games Coach - North) at 374-3656 Or 717-0159

SASKATCHEWAN WRESTLING

COACHES SUPERWEEKEND

REGISTRATION FORM

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS:  
\_\_\_\_\_

CITY/TOWN: \_\_\_\_\_ POSTAL CODE: \_\_\_\_\_

NCCP # (if applicable): \_\_\_\_\_

Current NCCP level:  
\_\_\_\_\_

Please check the activity you would like to register for:

\_\_\_\_\_ Introduction to Competition Part A Coaching Course  
(Cost - \$100.00)

\_\_\_\_\_ Introduction to Competition Part B Coaching Course  
(Cost - \$100.00)

Please forward registration form and payment to or contact the office to pre-register:

Saskatchewan Wrestling

510 Cynthia Street  
Saskatoon SK S7L 7K7  
CANADA

(306) 975-0822  
(306) 242-8007 FAX  
[sk.wrestling@shaw.ca](mailto:sk.wrestling@shaw.ca)  
[ptc@saskwrestling.com](mailto:ptc@saskwrestling.com)