

Team Saskatchewan Wrestling



Western Canada Summer Games Team Selection

About the Western Canada Summer Games

The WCSG are a multi-sport games held every four years. Various sports are included in the summer and winter games. Wrestling takes place during the summer games, which are being held this year in the city of Kamloops, BC from August 5-9. The wrestling team will be comprised of boys and girls dual teams, meaning that there will be one wrestler per weight class representing Saskatchewan.

Eligibility

Athletes who are Saskatchewan residents born in the years 1995, 1996, 1997, and 1998 are eligible to try out for the games. Athletes also need to have proof Canadian citizenship or permanent residence.

Weight Classes

MALES	FEMALES
39-42 kg	40 kg
46 kg	43 kg
50 kg	46 kg
54 kg	49 kg
58 kg	52 kg
63 kg	56 kg
69 kg	60 kg
76 kg	65 kg
85 kg	70 kg
100 kg	80 kg
115 kg	

Selection Process

The selection process for this year's team consists of three stages.

Stage 1: Initial Trials

- The initial set of trials will be held in Saskatoon on May 14th
- This set of trials will identify the top 2 wrestlers per weight class and others at WCSG coaches discretion

Stage 2: WCSG Training Program

- Wrestlers who are identified as top 2 in their weight class will take part in a training program throughout the summer
- This program will begin with a mini-camp after the trials, and consist of several training opportunities in and out of province
- Regular scheduled practices in Saskatoon and Regina

Stage 3: Final Trials

- The second set of trials will be held July 23 in a location TBA
- The final trials will determine the representatives for each weight class for the WCSG; second place will be named the alternate
- The first-place winners will travel to the WCSG from August 5-9

Additional Information

The team will be coached by Colin Hoefft (head coach), Kyle DuMont (assistant coach), and Beth Thompson (manager). We encourage those interested in being a member of Team Saskatchewan to join wrestling clubs if they are not involved with one already. This will not only benefit their wrestling but keep athletes involved in what is going on in the selection process. We also encourage you to participate in the Cadet nationals in Windsor, Ontario in early April, your club coach will have more information on these upcoming events.

An additional camp will take place before the first set of trials during the Easter break in Saskatoon as well as in Moose Jaw or Regina. Please see the SAWA website for more information as the date comes closer. We encourage as many athletes as possible to be involved in these camps.

For those athletes who are the top places after the Tier 1 Trails there will be a \$300 fee for the Tier 2 Summer Training and the Tier 3 Trials that will be payable to SAWA. **The fees are due on Sunday May 15** unless alternate arrangements are made through coaching staff or SAWA office.

For more specific information on how the trials will operate, visit www.saskwrestling.com.

If you have any questions, please feel free to contact the coaches:

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