



Saskatchewan Amateur Wrestling Association
510 Cynthia Street, Saskatoon, Saskatchewan S7L 7K7
Phone: (306) 975-0822 Fax: (306) 242-8007
Email: sk.wrestling@shaw.ca

SASKATCHEWAN WRESTLING 2010 SUMMER TRAINING OPPORTUNITIES

GERMANY TRAINING CAMP AND COMPETITIONS - **Need confirmation by May 20, 2010**

- Tentative dates are July 5 - 15
- Cost will be approx. \$2500.00 (If parents can book through air miles/Aeroplan cost will be decreased accordingly)
- Info from the coach in Germany:

"The Cities are Nurenberg and Munich! The Kids and the coaches are staying at family's. The Practice and the Training is at our Olympic Trainings - Centrum in Nurnberg. Where we have the Bundesleage and our Tournements. For the other program we can Talk later, maybe visiting the Nurenberg Castle, the Adidas Factory (with Outlet store) Munich City and maybe the Fighting night in Munich, where my Kids doing a presentation!"

- Further info or to book a spot contact Shane Bradley at shanebradley@shaw.ca

UBC (VANCOUVER) TRAINING CAMP - Need confirmation by May 30, 2010

http://www.saskwrestling.com/entry_info/igali_flyer_2010.pdf

- Tentative dates are July 11 - 18
- Cost will be approx. \$800.00 which would include meals at the camp
- See attachment for camp brochure
- Further info or to book a spot contact Shane Bradley at shanebradley@shaw.ca



U OF S HUSKIES WRESTLING CAMP – Saskatoon



<http://kinesiology.usask.ca/library/pdfs/community-programs/Spring2010-Huskie-Sport-Camps.pdf>

The Huskie Wrestling Camp is an ideal training camp for beginners to advanced wrestlers. It focuses mainly on high percentage wrestling techniques ranging from the basics to world class execution. The camp will follow the philosophical direction of the Huskie Wrestling Head Coach, Todd Hinds, who is excited to share the working success of his Huskie Wrestling Program. During the Wrestling Camp the athletes will experience the supplemental training that goes along with a wrestler's regular routine including, strength training, conditioning, flexibility and the psychological edge.

Each participant receives a Huskie Sport Camp T-shirt to take home. Those staying in residence will be able to participate in supervised games, movies and other activities during the evenings.

Location: Education Playroom, University of Saskatchewan Campus

Age: 12-17

Date: July 5 - 9

Time: Monday - Thursday 1:00pm - 4:00pm

4:00pm - 5:00pm (optional swim)

Friday 9:00am - 12:00 noon

Cost: \$150

Further info or to book a spot contact Todd Hinds at todd.hinds@usask.ca



UNIVERSITY OF REGINA WRESTLING CAMP



UNIVERSITY OF
REGINA

Faculty of Kinesiology and Health Studies
Centre for Kinesiology, Health & Sport

MIDWEST NATIONAL DEVELOPMENT WRESTLING CAMP

DATES: August 2-6TH 2010

LOCATION: UNIVERSITY OF REGINA

SESSIONS: we will run 3 sessions a day

STAFF: Gia Sissaouri
National Development Coach
World Champion, Olympic Silver Medalist

Dan McGee National JR Women's coaching Staff

Cost: \$200.00 Commuter
\$410.00 Residence Campers
Luther College Residence
[Includes room and board, Breakfast, Lunch, Dinner]

Make cheques payable to: Cat-town Wrestling Club

For further information: contact Leo McGee 306-585-4067

leo.mcgee@uregina.ca

