



**Saskatchewan Amateur Wrestling Association**

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December 10, 2009

Congratulations! You have qualified and been selected to receive funding from the Saskatchewan Amateur Wrestling Association (SAWA) and its' Junior Card Funding Program

The funds allotted for the Junior Card Funding Program must go towards your training expenses to help you prepare for the Provincial and National Championships. Junior card funding is worth a maximum of \$1,000.00 for each athlete, which will be paid out in monthly instalments once your paperwork has been received in the SAWA office. (Submission schedule below). In order to receive the funding you must adhere to the following.

1. Sign the enclosed contracts and return them to the SAWA office no later than January 5, 2010. Proof of SAWA membership must be provided. If you do not accept your carding by January 5, 2010, the funds will drop to the next individual on the carding list.
2. Contact the SAWA office either by phone, email or in person (at the addresses and phone numbers listed above) on a monthly basis to discuss your training program and competition schedule.
3. Submit a monthly report to the SAWA office summarizing all of your training sessions and your performances at competitions. Please utilize the training and competition sheets, which have been enclosed.

Instalment and Submission Schedule:

2009 - 2010 Wrestling Season

January 5	Deadline for Submission of Contract & proof of membership
January 5	Deadline for Submission of Training/Competition Reports for October to December
February 5	Deadline for Submission of Training/Competition Reports for January
March 5	Deadline for Submission of Training/Competition Reports for February
April 5	Deadline for Submission of Training/Competition Reports for March

All of these guidelines and schedules must be followed or you may forfeit either all or a portion of your allotment.

Enclosed is the training log. If you would like me to email the form to you so that you can submit your program by email, let me know.

If you have any questions do not hesitate to contact me at the SAWA office. Once again, congratulations and have a great season!

Yours in sport,

Mrs. Anna-beth Zulkoskey  
Executive Director

