



## WRESTLING CANADA LUTTE

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To: National Coaches + Club Coaches

CC: CAWA High Performance Mgr – Tamara Medwidsky  
CAWA Executive Director – Greg Mathieu  
Chief Medical Officer Canadian Olympic Team -  
Dr. Bob McCormack  
PSO/TSO

From: Domestic Development Mgr – Clint Kingsbury

Subject: Therapeutic Exemptions (STUE, ATUE, TUE)  
CCES &/or FILA Forms + Whereabouts info

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Dear Coaches

The year is fast approaching; many athletes will be competing in the Sunkist and the Clansmen in the next month. These are tourneys that are sanctioned by FILA and will most likely have Anti-doping officers randomly doing tests. Please make sure you pass this on to Club Coaches and Athletes that are in need of Therapeutic Exemptions.

Once forms are completed please forward to me (Clint Kingsbury) at [ckingsbury@wrestling.ca](mailto:ckingsbury@wrestling.ca)

Therapeutic Exemption forms (STUE, ATUE, and TUE):

Standard Therapeutic Use Exemption, Abbreviated Therapeutic Use Exemption, and Therapeutic Use Exemption

Please complete these forms (depending on which form the athlete needs) well in advance – preferably in September/October well before the start of the major events. Some athletes may not know if they need an exemption for such medications, so it is the responsibility of the coach and NSO to help educate the athlete on completing this task. (Such exemptions are needed - inhalers for asthma and some medications like cortisone etc...).

Coaches or athletes can ask me at anytime if they may need a Therapeutic Exemption, also what form they may need. I will pass on the info urgently.

Also the athlete or coach can go on line to -

<http://www.didglobal.com/page/didengs/home> to find out Prohibited versus Non-Prohibited medications/drugs that they may need a TUE for.

Once all this is completed, I then can forward it off to the Canadian Centres for Ethics in Sport (CCES) &/or FILA's head doctors for granting exemptions. I need ample time to do this – so once you know you need a TUE, please let me know.

Below is a message for Whereabouts/Athlete Location info:

Each athlete and coach knows that an athlete that has been selected to be in the Registered Testing Pool (RTP) of the CCES or FILA has to complete a quarterly whereabouts document stating where they will be (IE: training, competing and residential). This is part of the anti-doping contract for National team athletes and carded athletes. Every three months I send out a list of athletes that have to send in whereabouts info by a certain date, also attached to this email is an example on how to fill it out correctly, which is accompanied by a letter stating what can happen if 'Non-Compliance' is declared. Currently there is also a website that the athletes can go online and fill out themselves – ADAMS (You can access ADAMS at the following secure link: <https://adams.wada-ama.org/adams/>)

All athletes have to take a more responsible approach at taking care of this; it seems that each quarter the CCES are cracking down much harder on getting athlete locations/whereabouts info in. Please make sure you meet your responsibilities!

Your documentation will be private!

Thanks for your cooperation,

Sincerely,

*Clint Kingsbury*

Clint Kingsbury

Domestic Development Manager / Directeur du developpement au pays

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